**Mental Health Practitioner**

If you are between 18-64 and have a non-urgent mental health problem, then make an appointment with our mental health nurse practitioners (MHP) – Lisa Smillie or Johanna Marr, who can see you for assessment of your mental health and further signpost or refer you to other services.

The MHP service will provide:

* Possible telephone triage to ascertain clinical need/priority
* Face to face mental health screening/assessment appointments
* Sign posting/ onward referral to the most appropriate service
* Psycho education for patients

Please note: the MHP service does not provide:

* Fit notes
* Prescriptions

**Already known to Mental Health Services?**

If you are already known to mental health services you should contact your local health team directly.

**Community Link Practitioner**

Kevin Hodge is our Community Links Practitioner (CLP) and appointments are available in the surgery. Kevin Hodge is here to help you improve your health and wellbeing by connecting you with activities and services in your area.

Some areas they can signpost you to include:

* Training, volunteering and employment
* Self-management groups for health conditions
* Money and welfare issues
* Local activities and hobby groups
* Housing issues

Please note: the CLP does not provide a counselling service, however may be able to link you in with a service that is appropriate to your needs.